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DRY EYE TREATMENT SESSION

BEFORE YOUR IPL & LLLT MASK TREATMENT

- Avoid sun exposure a few days before to ensure a comfortable experience and for maximum results.
- Do not wear makeup into the office. Your skin may be cleaned prior to administration of IPL, using a gentle face wash or cleansing wipe.
- Do not wear contact lenses into the office.

DURING YOUR IPL TREATMENT

1. Protective goggles will be worn over the eyelids to help shield them from the intense light. Your doctor will also wear eye shields.
 2. The doctor will decide the right configuration for your dry eye needs, and then will place the tip over the skin surrounding the eyes and will count down to a pulse. A series of five pulses will be applied to the lower area of each eye.
 3. You will experience a very bright light with a warm touch to the skin but should not experience any pain.
 4. After all ten pulses are applied, the goggles will be removed.
- The entire procedure should take no more than 10 minutes.

DURING YOUR LLLT MASK TREATMENT

1. Your doctor will clean all equipment, set up the machine, and then will place the mask over your face.
 2. The face mask will emit a stable bright colored light for 15 minutes.
 3. You will experience some warmth emitting from the mask.
 4. Continue to relax in your chair for the remainder of the time.
 5. When 3 minutes remain, the mask will blink continuously until the end of the session.
 6. Your doctor will then remove the mask and express your lid's oil glands to achieve maximum results.
 7. Before leaving, SPF lotion will be applied to the skin for better protection.
- The entire procedure should take about 30 minutes.

IPL/LLLT MASK AFTERCARE

- Your skin may feel a little warm for the remainder of the day but shouldn't feel any discomfort.
- Makeup application immediately after your IPL session is acceptable. Use more caution with sensitive skin. In case of an unexpected skin reaction, stop wearing any makeup.

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- **Wear sunscreen** (30-50 SPF) and avoid tanning for at least 48 hours following treatment to prevent hyperpigmentation.
- Use moisturizer and drink plenty of water.
- Return in 3-4 weeks for your follow up IPL session.